Program Faculty

Ed Mulligan, PT, DPT, OCS, SCS, ATC
Dr. Mulligan is an Assistant Professor in the Physical Therapy & Orthopedic Surgery Departments at UT Southwestern. His undergraduate degree is from the University of Nebraska and he received his PT training at UTMB - Galveston. He completed the post professional master’s degree program at Texas Woman’s University - Dallas in 1995 and his DPT at Regis University in 2008. He was recognized as a clinical specialist in sports physical therapy by the APTA in 1988 and orthopedic physical therapy in 2009.

Jason Zafereo, MPT, OCS, FAAOMPT
Mr. Zafereo is an Assistant Professor and Clinical Director of the faculty practice at UT Southwestern. Mr. Zafereo received his Bachelor of Arts in Biology from Baylor University and his Master of Physical Therapy from University of Texas Southwestern Medical Center in Dallas. He received his fellowship training in orthopedic manual physical therapy from The Manual Therapy Institute. A board certified specialist in orthopedics, Mr. Zafereo’s clinical interest include orthopedic manual therapy with an emphasis in treatment of the neck and low back.

For more information, contact:
Leslie Carpenter - lcarpenter@praiowa.com
Colleen Benhart - clbenhart@gmail.com

REGISTER NOW!!!
Limited Seating is Available

Manual Therapy and Orthopedic Rehabilitation

Advanced Physical Therapy Practice

Clinical Orthopedic Residency Education Series
A comprehensive means to prepare for the American Board of Physical Therapy Specialization’s Orthopedic Clinical Specialist Exam.

Iowa City, IA

319-354-2429
Progressive Rehabilitation Associates is pleased to be hosting a series of courses in coordination with Continuing Ed. that were designed on a clinical reasoning model and emphasize evidence-based examination and treatment. The content is based on the "head-to-toe" description of advanced clinical practice as described by the orthopedic section of the APTA. The subject matter emphasizes the development of therapeutic exercise and manual therapy skills. The courses have been re-structured for the purpose of bringing this program to Iowa. Four of the courses remain laboratory intensive with an appropriate student to instructor ratio that accommodates all levels of experience and allows ample practice time. The use of case studies and continuous open discussion facilitates learning and the adoption of proven practice patterns. The first and fifth modules would be done independently. The independent studies (recorded lectures) will be viewed in anticipation of the on-site courses, so as to minimize lecture time, maximize lab time, and allow the participants an opportunity to ask questions about the content. All of the content will be accessible on CD-ROM’s and/or via the web site for continuing Ed. For the participants of the series. The goal of the series is to provide physical therapists with a comprehensive continuing professional education course and fully prepare them for the ABPTS Orthopedic Specialty Exam. Previous attendees have enjoyed a 90% success rate.

**Course Notebook**

A comprehensive CD-ROM is provided for each participant with appropriate and detailed reference material.

**Learning Objectives**

Following the completion of the series, the participants will be able to:

- Integrate clinical reasoning skills based on the best current evidence into their practice management.
- Conduct an effective and efficient subjective interview and comprehensive objective examination.
- Implement evidence-based interventions based on evaluative findings.
- Differentiate pathological conditions of the upper and lower quadrant.
- Perform effective manual therapy techniques including soft tissue mobilization & joint manipulation.
- Prescribe appropriate therapeutic exercise programs.
- Critically analyze current scientific literature.

**Course Highlights**

- Differential Diagnosis & Medical Screening
- Clinical Reasoning
- Pharmacology / Radiology
- Neural Dynamics
- Bracing / Taping / Orthotics
- Outcome Measurement Tools
- Critical Analysis, Research Design, & Evidence Based Practice
- Anatomy, Biomechanics, Pathomechanics, Examination, Intervention, & Post-op Management of the:
  - Temporomandibular Joint
  - Cervicothoracic Spine & Rib Cage
  - Shoulder
  - Elbow, Wrist & Hand
  - Lumbopelvic Spine
  - Hip
  - Knee
  - Foot / Ankle

**Education Program CEU’s**

Module 1: Independence Study - 15 hrs. of scientific foundations, critical inquiry, clinical reasoning, etc.

Module 2: On-Site Program - Cervicothoracic Spine - 5 hrs. of pre-course material and 16 hrs on-site (March 9-10, 2013).

Module 3: On-Site Program - Upper Extremity - 6 hrs. of pre-course material and 16 hrs. on-site (September 28 & 29, 2013).

Module 4: On-Site Program - Lumbopelvic/SIJ 4 hrs. of pre-course material and 16 hrs. on-site (Date for 2014 to be determined).

Module 5: Independent Study - 12 hrs. of lower extremity anatomy, functional outcomes, pediatrics.

Module 6: On-Site Program - Lower Extremity - 4 hrs. of pre-course material and 16 hrs. on-site (Dates for 2014 to be determined).

**Advanced Physical Therapy Practice**

Clinical Orthopedic Residency Education Series

**Registration Form**

Name ________________________________

Address ________________________________

City __________________ State ______ Zip_________

Cell Phone # ___________________________

Fax # ________________________________

E-Mail ________________________________________________

Tuition fee for the entire series is $1,800. Registration for a single course for $500, two courses $900, three courses for $1,300. Please make check payable to Progressive Rehab and send it to Colleen Benhart, Progressive Rehab, 2401 Towncrest Drive, Iowa City, IA 52240, or call us, 319-354-2429, with a credit card number to put it on.

- Management of the Cervicothoracic Spine
  - March 9-10, 2013

- Management of the Shoulder, Elbow, Wrist, & Hand
  - September 28 & 29, 2013

- Management of the Lumbopelvic Complex
  - TBD - 2014

- Management of the Upper Extremity
  - TBD - 2014

Detailed information such as specific agenda, course location, hotel accommodations and directions will be conveyed in a confirmation letter to registered participants.

These educational opportunities are open to all licensed physical therapist and represent the didactic portion of a formal orthopedic residency program accredited by the APTA. Physical therapist Assistants are welcome to attend with a Physical Therapist.

**REFUND & CANCELLATION POLICY:**

Individuals who find it necessary to cancel may receive a refund, less a $250 fee for the whole series or $50 for individual courses. To receive a refund, you must submit written notification at least 7 days before the first program date. The course sponsor reserves the ability to cancel the course within 15 days or in the event of circumstances beyond our control and assumes no responsibility for additional expenses incurred by the participants. In the event of cancellation, a full tuition refund will be provided.